# **Improving the Odds**

# The Role of Schools in the lives of Young People

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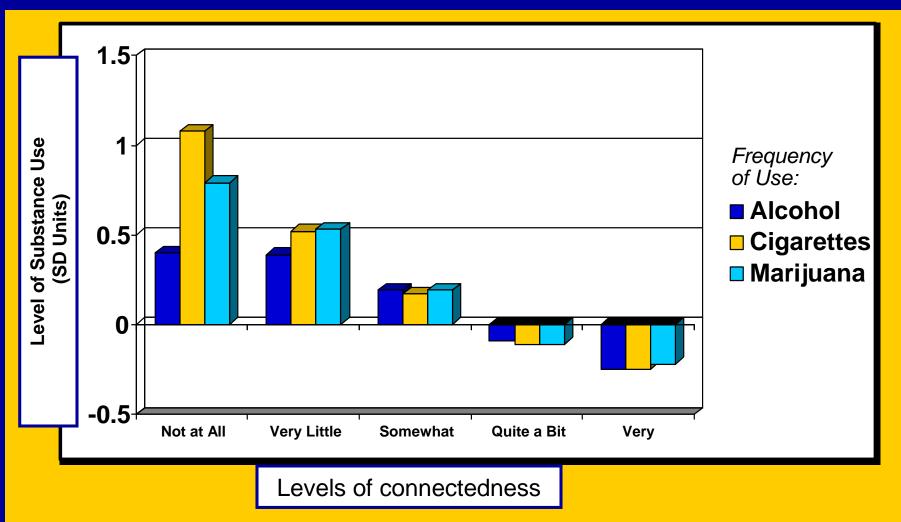
**Johns Hopkins Bloomberg School of Public Health** 

**Interim Director, Urban Health Institute** 

Research has shown a **strong** association between school connectedness and every **risk** behavior we studied.

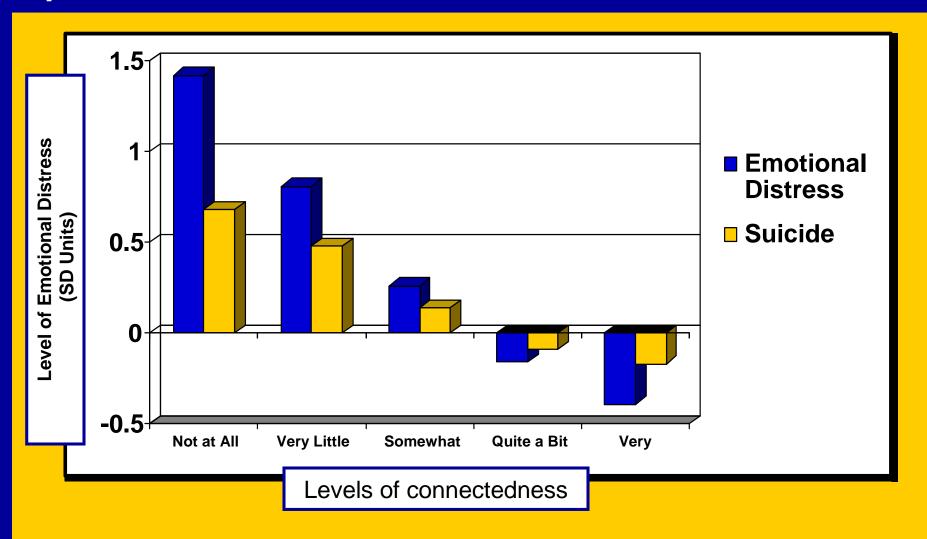
# **Substance Use**

Students who feel connected to school are less likely to use substances



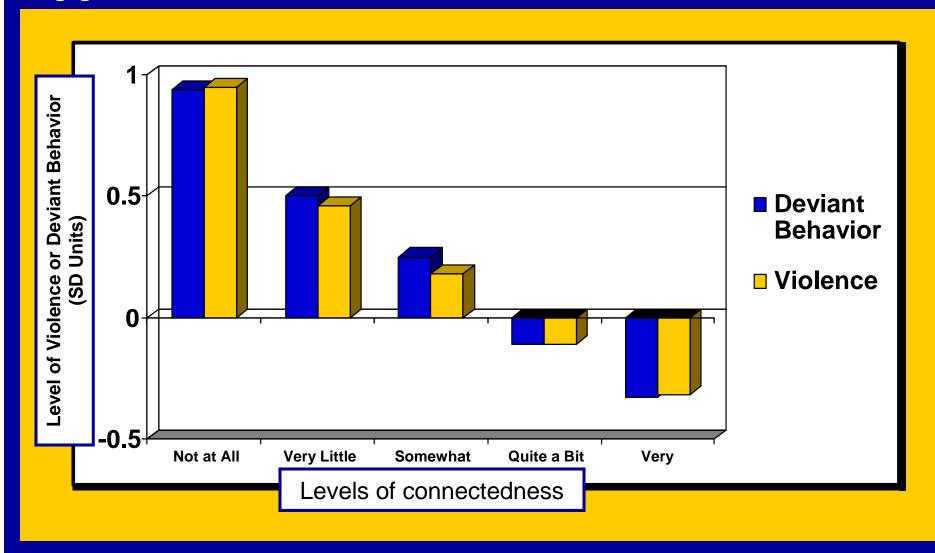
# **Emotional Distress**

Students who feel connected to school experience less emotional distress



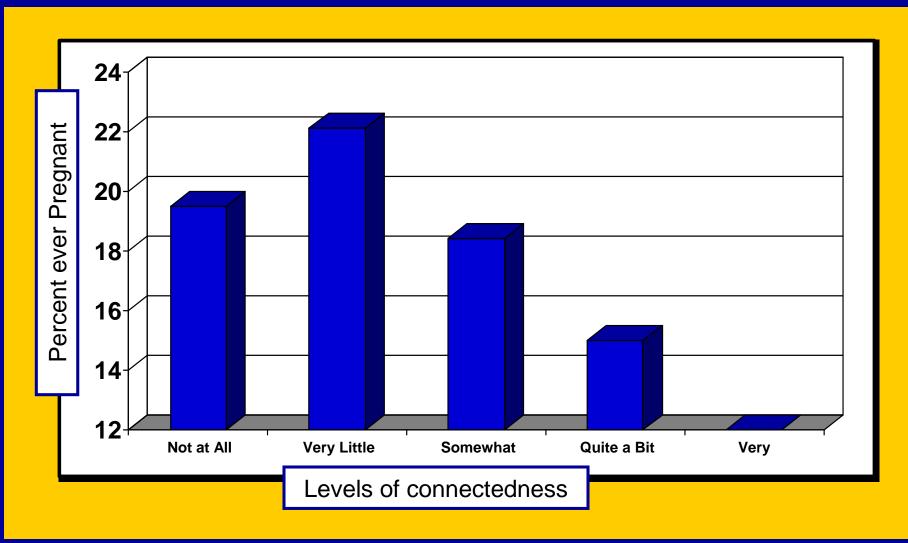
# **Violence or Deviant Behavior**

Students who feel connected to school engage in less violent or deviant behavior



# **Pregnancy**

Students who feel connected to school are less likely to become pregnant



# **Critical Questions**

- What contributes to teens feeling connected to school?
- Why do some adolescents feel attached to school and others don't?
- What individual school characteristics predict connectedness?

# Methods

#### **The Sample**

- The National Longitudinal Study of Adolescent Health
  - A stratified random sample of 80 high schools with primary feeder schools
  - N=134 schools (127 participated in school survey)
  - **N=71,515** students in 7th through 12th grade
  - N=127 school administrator surveys

# **Scales**

#### **Classroom Management**

- Getting along with teachers
- Getting along with other students
- Paying attention in school
- Getting homework done

# **Scales**

#### **School Connectedness**

- I feel close to people at this school
- I am happy to be at this school
- I feel like I am part of this school
- The teachers at this school treat students fairly
- I feel safe in this school

## Results

#### **Factors Associated with School Connectedness**

#### THE SCHOOL

- School size mattered
  ...classroom size did not
- School type is not associated with connectedness

...public, private, parochial

 Location of school is not associated with connectedness

...urban, suburban, rural

## Results

#### **Factors Associated with School Connectedness**

#### **TEACHERS**

- Teacher experience was not associated with connectedness.
- Having a master's degree was not associated with connectedness.

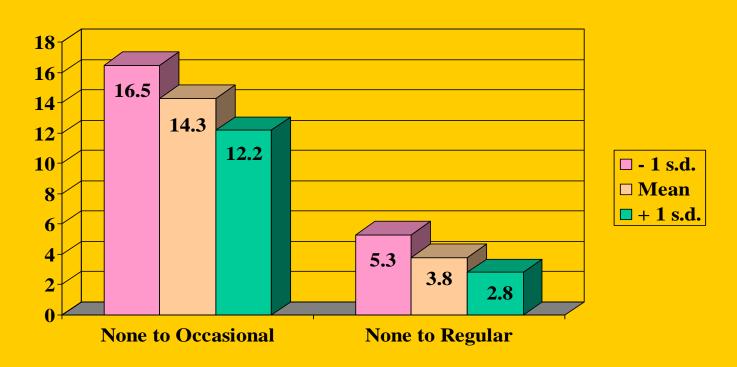
### Results

**Factors Associated with School Connectedness** 

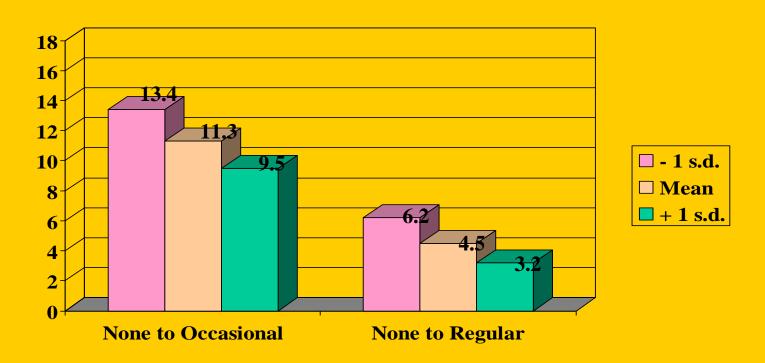
# SCHOOL CLIMATE & CLASSROOM MANAGEMENT

The single strongest association with connectedness was school climate

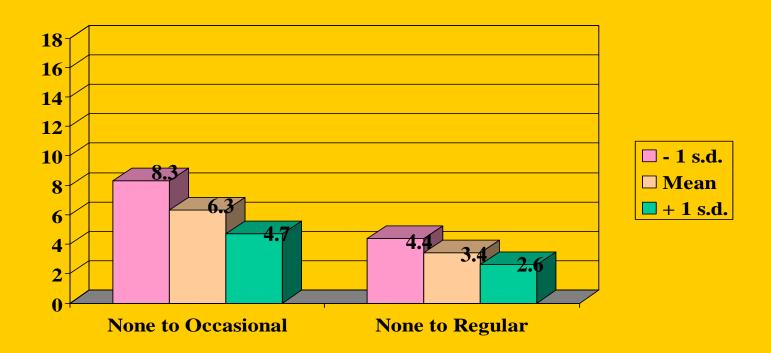
# Initiated Cigarette Use Predicted Percent at Three Levels of Teacher Support



# Initiated Getting Drunk Predicted Percent Three Levels of Teacher Support

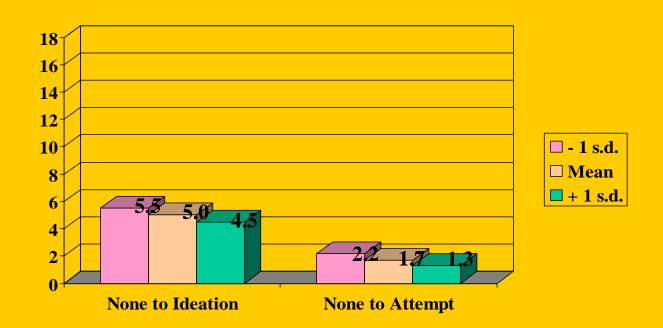


# Initiated Marijuana Use Predicted Percent at Three Levels of Teacher Support



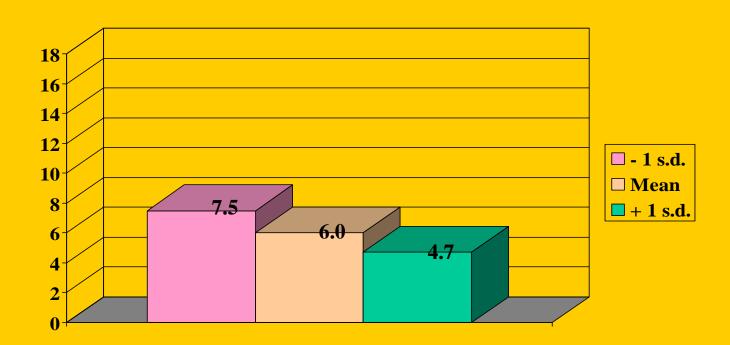
# Seriously Considered or Attempted Suicide

**Predicted Percent at Three Levels of Teacher Support** 



### **Initiated Violence**

#### **Predicted Percent at Three Levels of Teacher Support**



# **Creating Conditions for Learning**

#### **Students are supported**

Meaningful connection to adults

Strong bonds to school

Positive peer relationships

Effective and available support

#### Students are safe

Physically safe
Emotionally and socially safe
Treated fairly and equitably
Avoid risky behaviors
School is safe and orderly

#### Students are socially capable

Emotionally intelligent and culturally competent

Responsible and persistent
Cooperative team players
Contribute to school and community

#### **Students are challenged**

High expectations
Strong personal motivation
School is connected to life goals
Rigorous academic opportunities

# **Support is the Key to Success**

